FORT WORTH CENTRAL OFFICE OF AA

THE COFFEE BREAK

NOVEMBER 2026

3001 West 5th Street | Suite 200 | Fort Worth, TX 76107
officemgr@fortworthaa.org | www.fortworthaa.org
Phone 817 332 3533

FWCO CORNER

Happy November! Central Office is *YOUR* Central Office! We only exist to serve you so you may have the tools you need for your group to function smoothly.

We recognize that trust has been damaged, and we understand that rebuilding it will take time, transparency, and consistent effort. Please know that we are working diligently to restore the confidence of our fellowship by strengthening our practices and remaining accountable in all that we do. Also know that our operating funds come solely from group and individual contributions.

We are deeply grateful to the groups that have continued to provide faithful financial support to the Central Office throughout this process.

> **"YOUR COMMITMENT IS INVALUABLE AND ALLOWS US TO CONTINUE TO SERVE OUR COMMUNITY."**

As we move forward together, we respectfully ask all groups to consider making regular, consistent contributions so the Central Office can remain stable financially and continue providing the services and resources that support our shared mission. Please know my door is always open, feel free to stop by and say hello. I am very blessed to be the office manager for your Central Office. (AA saved my life, how about you?)

— Mary

CENTRAL OFFICE BUSINESS HOURS

Open 9:00 AM to 5:00 PM, Monday through Friday. We're closed on Saturday & Sunday.



CENTRAL OFFICE MEETINGS IN PERSON AND ON ZOOM

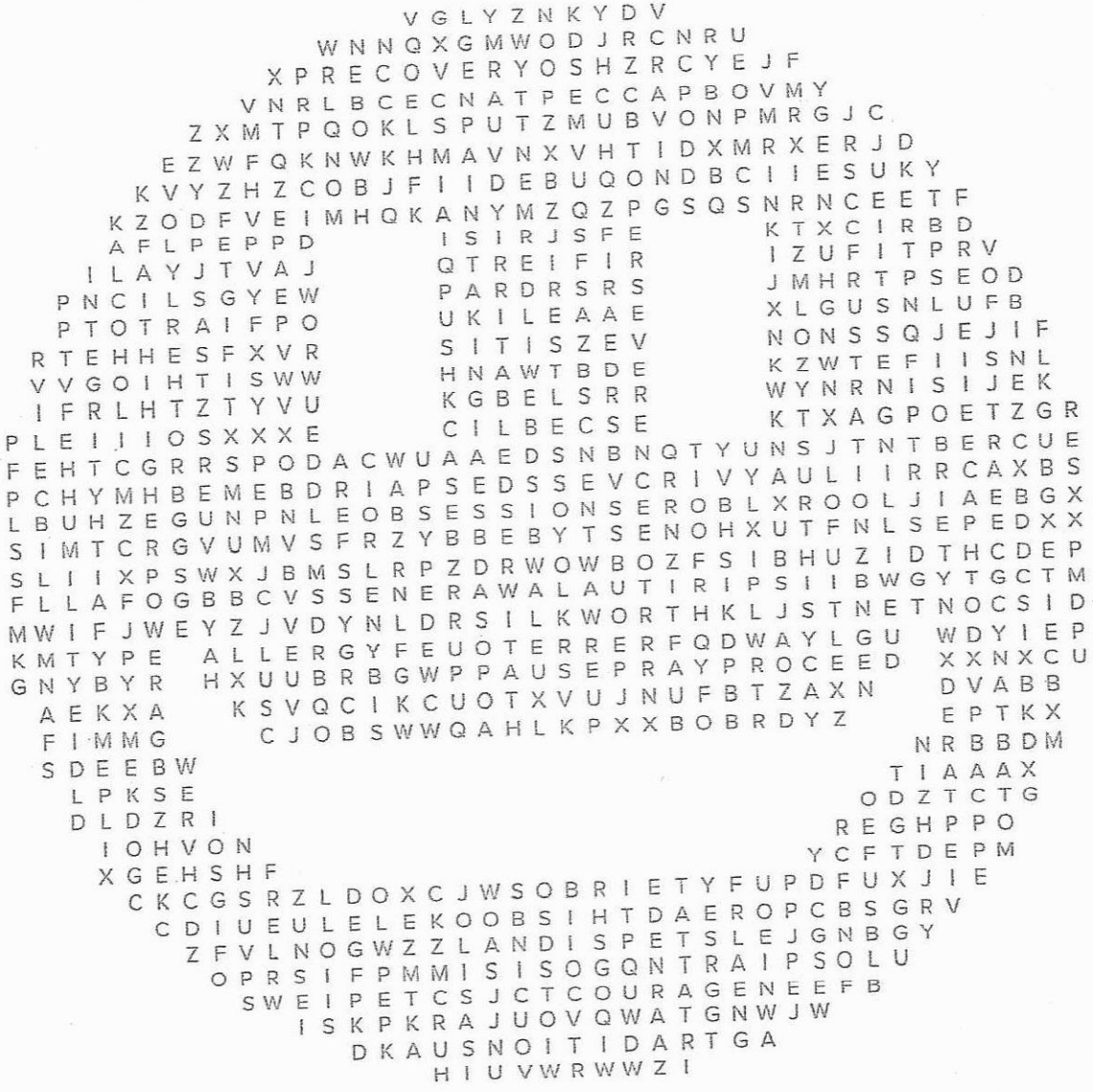
The Central Office Steering and COR meetings will take place on the 2nd Tuesday of EVEN months. Steering Committee is at 5:30pm and COR is at 6:30pm. The next meeting is on December 8, 2026. Meetings will be held at Central Office and on Zoom.



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WORDSALAD

PUT YOUR SKILLS TO THE TEST. CHALLENGE YOURSELF TO DISCOVER HIDDEN WORDS. READY, SET, SPELL!



ACCEPTANCE
ALCOHOLIC
ALLERGY
BATHTUB GIN
BEWILDERMENT
BILL W
BROTHERLY LOVE
CONCEPTS
COURAGE
CRAVING
DESPAIR
DISCONTENT
DR BOB
DR SILKWORTH
EBBY
FAITH
FEAR
FRUSTRATION
GOD
HAPPINESS
HIGHER POWER
HONESTY
HOPELESSNESS
HUMILITY
INTEGRITY
INVENTORY
IRRITABLE
JUSTICE
LIFE PRESERVER
OBSESSION
PAINSTAKING
PAUSE PRAY PROCEED
PERSEVERANCE
PRIDE
PRINCIPLES
READ THIS BOOK
RECOVERY
RESTLESS
SERVICE
SILKWORTH
SOBRIETY
SPIRITUAL AWARENESS
STEPS
TRADITIONS
TRUST
WILLINGNESS

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ABOUT CONCEPT 11

"While the Trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be maters for serious care and concern."

- Concept 11 is perhaps the most compound, complex and run on couple of sentences in Bill's considerable writings. We shouldn't let that scare us away, for the ideas contained within this Concept are not difficult in themselves.

- He starts out by identifying that the Trustees hold the final responsibility for A.A.'s world service administration. Not just the US and Canada, but the world service administration (AAWS=Alcoholics Anonymous World Services). That they should therefore always have the assistance of the best possible standing committees, corporate service directors (AAWS Inc. manager & Grapevine Inc. editor), executives, staffs and consultants.

- So, to get those high levels of quality means the composition of the underlying committees and service boards is important, along with the personal qualifications of those members as well as how they are inducted into service. Additionally critical are their relationships with one another. Of equal concern are the special rights and duties of our executives, staffs and consultants together with a proper basis for the financial compensation of each of these special workers. All of these are matters for serious care and concern. (You can see here how we just broke his two sentences into several for clarity).

- Within Bill W.'s essay on Concept 11, he talks at length about the Nominating Committee that helps find the right people with the skill sets needed; the Finance and Budgetary Committee charged with making sure we have enough to do the work and but not too much; the Public Information Committee that must balance attraction rather than promotion within our public communications; the Literature Committee in charge of revising our existing books and pamphlets and creating new pamphlet material as needed; and what was the "General Policy Committee" that is now the General Sharing Session that considers the long-range plans of board committees and other topics of special interest.

- Bill continues the essay by expanding upon the active service corporations (A.A. World Services Inc. and The AA grapevine Inc.), their functions, and why we should not attempt to combine them (they do two very separate and different services). He next writes regarding the status of executives and distinguishes between executive direction and policy formation and establishes some of the reasons why competent executive direction must always head up in one person that is supported by such assistants as needed. Next, he talks about our paid workers and how they are compensated, and then the importance of rotation among our paid staff workers. Bill finishes up with the importance of full "participation" of paid workers such that they are fully invested and feel that they are on the team.

FOR A FULL UNDERSTANDING OF CONCEPT 11, PLEASE READ IN FULL BILL W.'S ESSAY IN THE "TWELVE CONCEPTS FOR WORLD SERVICE".

—Written by and approved for publication by Dusty W.

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STEP 11 & TRADITION 11

Step 11 encourages us to deepen our conscious contact with a Higher Power through prayer and meditation, seeking the knowledge and strength to carry out that will in our daily lives. Tradition 11 reminds us that, as a fellowship, we attract others through our principles and actions rather than promotion. Both encourage us to practice humility, maintain spiritual principles, and allow our actions to speak louder than our words. Read further for a more in depth understanding.

STEP 11

"SOUGHT THROUGH PRAYER AND MEDITATION TO IMPROVE OUR CONSCIOUS CONTACT WITH GOD AS WE UNDERSTOOD HIM, PRAYING ONLY FOR KNOWLEDGE OF HIS WILL FOR US AND THE POWER TO CARRY THAT OUT."

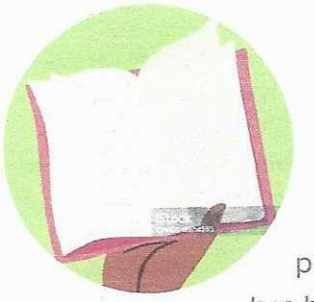
On awakening, let us think about the twenty-four hours ahead. We consider our plans for the day. Before we begin, we ask God to direct our thinking, especially asking that it be divorced from self-pity, dishonest or self-seeking motives. Under these conditions we can employ our mental faculties with assurance, for after all God gave us brains to use. Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives.

In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don't struggle. We are often surprised how the right answers come after we have tried this for a while.

— Used with permission, AAWS Inc. Page 86-87

TRADITION 11

"OUR PUBLIC RELATIONS POLICY IS BASED ON ATTRACTION RATHER THAN PROMOTION; WE NEED ALWAYS MAINTAIN PERSONAL ANONYMITY AT THE LEVEL OF PRESS, RADIO AND FILMS."



WITHOUT its legions of well-wishers, AA could never have grown as it has. Throughout the world, immense and favorable publicity of every description has been the principal means of bringing alcoholics into our Fellowship. In AA offices, clubs and homes, telephones ring constantly. One voice says, "I read a piece in the newspapers..."' another, "We heard a radio program..."' and still another, "We saw a moving picture..." or "We saw something about AA on television..." It is no exaggeration to say that half of AA's membership has been led to us through channels like these."

— Used with permission, AAWS Inc. , 12 x 12 Page 180

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WHAT ARE ALL THE THINGS YOUR CENTRAL OFFICE DOES FOR OUR COMMUNITY?

Provides 24 Hour Hotline • Provides information to anyone that needs assistance in recovery including on our website at www.fortworthaa.org • Provides A.A. and Grapevine literature along with Medallions and Chips • Provides updated list of members willing to speak to local groups • Connects newcomers in the area with local A.A. members • Receives letters/calls from prisons and treatment centers • Keeps updated lists of District and Area meetings and committee members as well as local events facilitated by groups, districts and area Facilitates multiple events throughout the year to help raise money for Central Office Prepares beginner packs • Prepares a monthly mailer including our Newsletter (Coffee Break) and all local A.A. group schedules and local events Works with outside entities to help the still suffering alcoholic find a meeting in their area (CPC-doctors, lawyers students, etc.) • Helps outside entities contact appropriate committees for health fairs, information booths, public information, education, etc. • Has a bi-monthly meeting with our steering committee and all Central Office Reps (COR) from each group we serve, so that we may share any and all Central Office and group info • Provides Information tables at area assemblies, conventions and special events • And we're saving lives!

SCHEDULE A WORKSHOP AND LEARN!

Workshops are a great opportunity to understand the workings of Central Office, to connect, ask questions and learn how we all work together to carry the message of Alcoholics Anonymous.

Call
817.332.3533 | Or write: officemgr@fortworthaa.org

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YOUR DISTRICT INFORMATION

Please review your District Information below and email any revisions to us at the following email: officemgr@fortworthaa.org. If you are new or if you are a DCM or Committee Chair, please let the Central Office Manager know ASAP so we can update the schedules below. Thank you.

DISTRICT 61 (ZOOM)

2nd Saturday of odd months at 9:00am
Zoom Meeting ID: 963 752 5735
Passcode: 1728
For information contact: DCM Dusty W
at mrdustywalker@yahoo.com
817.991.0813

DISTRICT 62

September 5, 10:00am
December 5, 10:00am
All meetings held at Harbor group
For information contact:
DCM Scott M | 817.821.1179

DISTRICT 61 (CORRECTIONS)

Odd months, 4th Saturday at 9:30am
Zoom ID: 963 752 5735
Passcode: 1728

DISTRICT 65

DCM Rene D | reneduran427@yahoo.com

DISTRICT 64 (HYBRID)

2nd Saturday, even months, 8:30am to 11:00am
Olde Towne Group
824 South Crowley Road, Crowley, TX
DCM D64 CW Lovett | cwlovett2621@gmail.com
Zoom ID: 820 8753825
Passcode: action

DISTRICT 61 (GRAPEVINE COMMITTEE)

Every 4th Tuesday at 7:30pm
Zoom ID: 963 752 5735
Passcode: 1728

DISTRICT 64 (CPC/PL)

Every 3rd Thursday at 7:00pm
In person at the Burleson Group
301 NW Newton Drive, Burleson, TX 76028
Or on Zoom at:
Zoom ID: 799 3733 1836
Passcode: District64

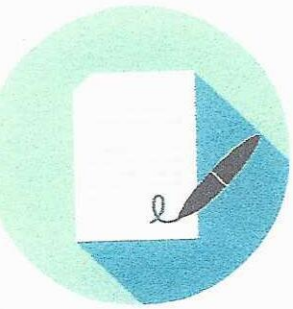
DISTRICT 71

DCM Mary J | maryhermann27@gmail.com

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TAKING A GROUP INVENTORY

MANY GROUPS PERIODICALLY HOLD A 'GROUP INVENTORY MEETING' TO SEE HOW WELL THEY ARE FULFILLING THEIR PRIMARY PURPOSE: TO HELP WITH RECOVERY THROUGH AA'S SUGGESTED TWELVE STEPS.



Some groups take group inventories by examining the Twelve Traditions, one at a time, to determine how well they are living up to the principles.

The following questions, compiled from AA shared experience, may be useful in arriving at an informed Group Conscience. Groups will probably wish to add questions of their own.

1. What is the basic purpose of the group?
2. What more can the group do to carry the message to other alcoholics?
3. Is the group attracting alcoholics from different backgrounds? Are we seeing a good cross-section of our community?
4. Do new members stick with us, or does the turnover seem excessive? If so, Why? What can we as a group do?
5. Do we emphasize the importance of sponsorship? How effectively? How can we do better?
6. Are we careful to preserve the anonymity of our group members and other A.A.s outside the meeting rooms? Do we also leave the confidences they share at meetings behind?
7. Do we take the time to explain to all members the value to the group of keeping up with the kitchen/housekeeping chores and other essential services that are part-and-parcel of our Twelfth-step efforts?
8. Are all members given the opportunity to speak at meetings and to participate in other group activities?
9. Being mindful that holding office is a great responsibility not to be viewed as the outcome of a popularity contest, are we choosing our officers with care?
10. Are we doing all we can to provide an attractive meeting place?
11. Does the group do its fair share toward participating in the purpose of AA—as it relates to our three Legacies of Recovery, Unity, and Service?
12. What has the group done lately to bring the AA message to the attention of professionals in the community—the physicians, clergy, court officials, educators, and others who are often the first to see alcoholics in need of help?
13. How is the group fulfilling its responsibility to the Seventh Tradition?

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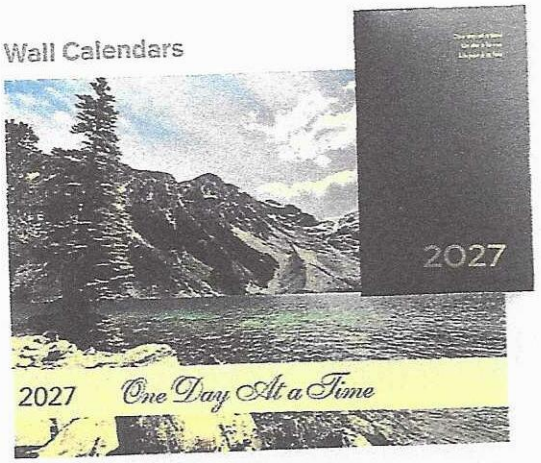
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CHECK OUT OUR MERCHANDISE

We are fully stocked and have new titles in as well as Grapevine books, 2027 wall calendars, 2027 pocket calendars, greeting cards and pamphlets on many different subjects. We are ready to serve our amazing groups!

Pocket Calendars

Wall Calendars





Pamphlets

