



The Coffee Break

Fort Worth Central Office of A.A.

3001 West 5th Street | Suite 200 | Fort Worth, TX 76107 | 817.332.3533

October 2026

Email: officemgr@fortworthaa.org

Web: www.fortworthaa.org

Office Hours

Monday through Friday
Closed Saturday and Sunday

AM
9 to 5
PM



spotlight FEATURE

Introducing Fort Worth AA Central Office's
New Managing Director

Mary Davis

Hello! My name is Mary D. and I am your new Fort Worth AA Central Office's Managing Director.

On September 15, 2026 I celebrated 42 years clean and sober and that truly is a miracle!

I have been in bookkeeping and accounting all of my life. I once took a job managing a camp for kids and ended up doing the books there too! I love accounting. To me it is like working a puzzle. I have also worked for various companies, CPA's and non-profits.

I have 3 core values I will be implementing at Central Office. Those are Transparency, Responsibility and Integrity.

I am honored and delighted to be your new Central Office manager.

All members that we serve are welcome to reach out to me any time. My door is open!

Central Office meetings in person and on Zoom

The Central Office Steering and COR meetings will take place on the 2nd Tuesday of *EVEN* months. **Steering Committee is at 5:30pm and COR is at 6:30pm. The next meeting is on Tuesday, October 14th.** Meetings will be held at the Central Office and on Zoom.

A vote was taken and the response was unanimous to move the meetings to 30 minutes earlier.



Come check out your new and improved Central Office!

We are fully stocked and have new titles in as well as Grapevine books. We also have 2027 wall calendars, 2027 pocket calendars as well as greeting cards! We are ready to serve our amazing groups!

Wall Calendars



Pocket Calendars



Greeting Cards



Step 10

“Continued to take personal inventory and when we were wrong promptly admitted it.”

“Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them.

This thought brings us to *Step Ten*, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of

the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code.”

— Used with permission, AAWS Inc., *Big Book*, Page 84

Tradition 10

“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”

“NEVER since it began has Alcoholics Anonymous been divided by a major controversial issue. Nor has our Fellowship ever publicly taken sides on any question in an embattled world. This, however, has been no earned virtue. It could almost be said that we were born with it, for, as one old-timer recently declared, ‘Practically never have I heard a heated religious, political, or reform argument among A.A. members. So long as we don’t argue these matters privately, it’s a cinch we never shall publicly.’”

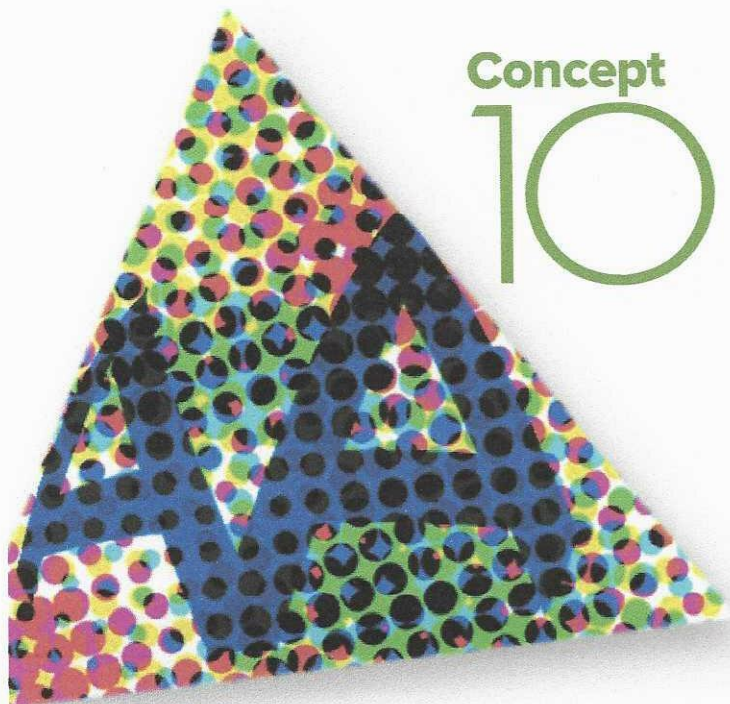
— Used with permission, AAWS Inc., *12 x 12*, Page 176

Concept 10

“Every service responsibility should be matched by an equal service authority — the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.”

“Nearly all societies and governments of today exhibit serious deviations from the very sound principle that *each operational responsibility* must be accompanied by a *corresponding authority* to discharge it. This is why we have been at such pains in preceding discussions to define the several authorities and responsibilities of the A.A. groups, the Conference, the Trustees, and our active service corporations. We have tried to make sure that authority in each of these levels is equal to responsibility. Then we have tried to relate these levels one to another in such a way that this principle is maintained throughout.”

— Used with permission, AAWS Inc., *AA Service Manual*, Page C33





What are all the things your Central Office does for our community?

Provides a 24 Hour Hotline · Provides information to anyone that needs assistance in recovery including on our website at www.fortworthaa.org · Provides A.A. and Grapevine literature along with Medallions and Chips · Provides updated list of members willing to speak to local groups · Connects newcomers in the area with local A.A. members · Receives letters/calls from prisons and treatment centers · Keeps updated lists of District and Area meetings and committee members as well as local events facilitated by groups, districts and area · Facilitates multiple events throughout the year to help raise money for Central Office · Prepares beginner packs · Prepares a monthly mailer including our Newsletter (Coffee Break) and all local A.A. group schedules and local events · Works with outside entities to help the still suffering alcoholic find a meeting in their area (CPC-doctors, lawyers students, etc.) · Helps outside entities contact the appropriate committees for health fairs, information booths, public information, education, etc. · Has a bi-monthly meeting with our steering committee and all Central Office Reps (COR) from each group we serve, so that we may share any and all CO and group info · Provides Information tables at area assemblies, conventions and special events · And we're saving lives!

Schedule a workshop and learn!

Workshops are a great opportunity to understand the workings of Central Office, to connect, ask questions and learn how we all work together to carry the message of Alcoholics Anonymous.

Call
817.332.3533 | officemgr@fortworthaa.org

District Information

Please review your District information below and email us with any changes to: officemgr@fortworthaa.org

If you are new, a DCM or Committee Chair, please let Central Office Manager know ASAP so we can update the schedules below. Thank you!

District 61 (Zoom)

2nd Saturday of odd months at 9:00am

Zoom Meeting ID: 963 752 5735

Passcode: 1728

For information contact:

DCM Dusty W

mrdustywalker@yahoo.com

817.991.0813

District 62

September 5, 10:00am

December 5, 10:00am

All meetings held at Harbor group

For information contact:

DCM Scott M | 817.821.1179

District 61 (Corrections)

Odd months, 4th Saturday at 9:30am

Zoom ID: 963 752 5735

Passcode: 1728

District 65

DCM Rene D | reneduran427@yahoo.com

District 64 (Hybrid)

2nd Saturday, even months, 8:30am to 11:00am

Olde Towne Group

824 South Crowley Road, Crowley, TX

DCM D64 CW Lovett | cwlovett2621@gmail.com

Zoom ID: 820 8753825

Passcode: action

District 61 (Grapevine Committee)

Every 4th Tuesday at 7:30pm

Zoom ID: 963 752 5735

Passcode: 1728

District 64 (CPC/PI)

Every 3rd Thursday at 7:00pm

In person at the Burleson Group

301 NW Newton Drive, Burleson, TX 76028

Or on Zoom at:

Zoom ID: 799 3733 1836

Passcode: District64

District 71

DCM Mary J | maryhermann27@gmail.com

Essence of Growth

“Let us never fear needed change. Certainly, we have to discriminate between changes for worse and changes for better. But once a need becomes clearly apparent in a individual, in a group, or in A.A. as a whole, it has long since been found out that we cannot stand still and look the other way. The essence of all growth is the willingness to change for the better and then an unremitting willingness to shoulder whatever responsibility this entails.”

— Used with permission, AAWS Inc. ABSI Page 115

A Full and Thankful Heart

“One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine—both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living.”

“I try hard to hold to fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion that we can ever know.”

— Used with permission of Grapevine, Inc.
Grapevine, March 1962

Give Thanks

“Though I still find it difficult to accept today’s pain and anxiety with any great degree of serenity—as those more advanced in the spiritual life seem able to do—I can give thanks for present pain nevertheless. I find the willingness to do this by contemplating the lessons learned from past suffering—lessons which have led to the blessings I now enjoy. I can remember how the agonies of alcoholism, the pain of rebellion and thwarted pride, have often led me to God’s grace, and so to a new freedom.”

— Used with permission of Grapevine, Inc.
Grapevine, March 1962



Alcoholics
Anonymous®

www.aa.org

Alcoholics Anonymous World Services, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

**Please direct all
communications to:**

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

September 4, 2026

Everything AA App Update

We're excited to announce that the first release of the Everything AA app under the ownership of A.A. World Services is now available. We encourage you to update your app to Version 5.0 to access the latest features.

Over the last several months, the app team at the General Service Office has been working behind the scenes to address critical technical and infrastructure issues and ensure the app is stable, reliable, and ready to support app users. This work is an important step in establishing a strong foundation for the app's future as we review app content and design.

The app is a recent addition to the many services GSO provides to the Fellowship. It remains available for download without cost; however, there is an option to subscribe at \$1.99 a month or \$19.99 a year to support the app's continued development and maintenance. This optional subscription model follows a similar practice to the A.A. Grapevine's subscription model for its app. The AAWS board has engaged in thoughtful discussion and deliberation to ensure that this aligns with our Traditions. Subscribers will receive content, as noted below, and are not contributing to the Seventh Tradition with their subscriptions.

In the next year, as the app team continues to review and develop this important platform, you will notice phased changes to content and features along with the addition of new resources for all app users.

This first release includes a new feature: Bonus content for subscribers only. Subscribers will have access to "Voices of A.A. Today," which is excerpted from the 2025 International Convention commemorative book, *"A Book of Fellowship — 90 Years of Sharing Love and Service"*, now available for purchase only in print at the online bookstore. In the coming months, other treasures from our publications and archives, including audio and video recordings, will be made available to subscribers.

As always, we are working to ensure that the app is a trusted source of information and resources and is consistent with A.A.'s Twelve Traditions and AAWS and GSO policies and practices.

We're grateful for your patience during this process and look forward to sharing more updates and new features in the months ahead.

The Everything AA app is available on both iOS and Android.

For Everything AA app support, contact us at everythingaa@aa.org.

Alcoholics
Anonymous®

www.aa.org

Alcoholics Anonymous World Services, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

**Please direct all
communications to:**

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

To: GSRs, DCMs, Trustees, Non-trustee Directors, Area Officers & Committee Chairs, Delegates, Appointed Committee Members, Intergroups and Central Offices, Group Contacts, GSO and Grapevine Employees

August 26, 2026

Dear A.A. Friends:

We are writing to provide an update regarding the forthcoming publication of the much-anticipated fifth edition of Alcoholics Anonymous. At the July 30 meeting of the A.A. World Services Board, the Publishing Committee recommended, and the full board approved, that the fifth edition hardcover be produced with a removable dust jacket and that a list price of \$20 USD be adopted. We are on track with the production process to publish the hardcover of the fifth edition, updated with 26 new stories of recovery, in February 2027.

We share the Fellowship's excitement about the fifth edition of our beloved Big Book—coming more than 25 years after the publication of the fourth edition. More information about the publication of the fifth edition will follow this fall.

Warmly,

John W.
Chair, AAWS Board

Bob W.
General Manager, G.S.O.