

# The Coffee Break

## Fort Worth Central Office of A.A.

3001 West 5th Street | Suite 200 | Fort Worth, TX 76107 | 817.332.3533

March 2026

Email: [officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org)

Web: [www.fortworthaa.org](http://www.fortworthaa.org)



## Office Hours

Monday through Friday 9:00am to 5pm Closed Saturday and Sunday

## Central Office Meetings

In-person and Zoom

The Central Office Steering & COR meetings will take place on the 2nd Tuesday of EVEN months.

**SC at 6:00pm and COR at 7:00pm**

**Next meeting is Tuesday, April 14th**



## It's Election Month

Meeting will be held at the Central Office!!!

# District Information



Please review your District information below and email us with any changes to: [officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org)

If you are new, a DCM or Committee Chair, please let me know ASAP so I can update the schedules below.



## District 61 (Zoom)

2nd Saturday of odd months at 9:00am  
Zoom Meeting ID: 963 752 5735  
Passcode: 1728  
For Information contact:  
DCM Dusty W  
[mrdustywalker@yahoo.com](mailto:mrdustywalker@yahoo.com)  
817.991.0813

## District 61 Grapevine Committee (Zoom)

Every 4th Tuesday at 7:30pm  
Zoom ID: 963 752 5735  
Passcode: 1728

## District 61 Corrections Meeting (Zoom)

Odd months, 4th Saturday at 9:30am  
Zoom ID: 963 752 5735  
Passcode: 1728

## District 62

(TBA)

## District 64 (Hybrid)

2nd Saturday of even months at 8:30am to 11:00am  
Olde Towne Group  
824 South Crowley Road, Crowley, TX  
Zoom Meeting ID: 820 875 3825  
Passcode: action  
Contact: TBD

## District 64 CPC/PI (Zoom)

Every 3rd Thursday at 7:00pm  
In person at the Burluson Group  
301 NW Newton Drive, Burluson, TX 76028  
Or on Zoom at:  
Zoom ID: 799 3733 1836  
Passcode: District64

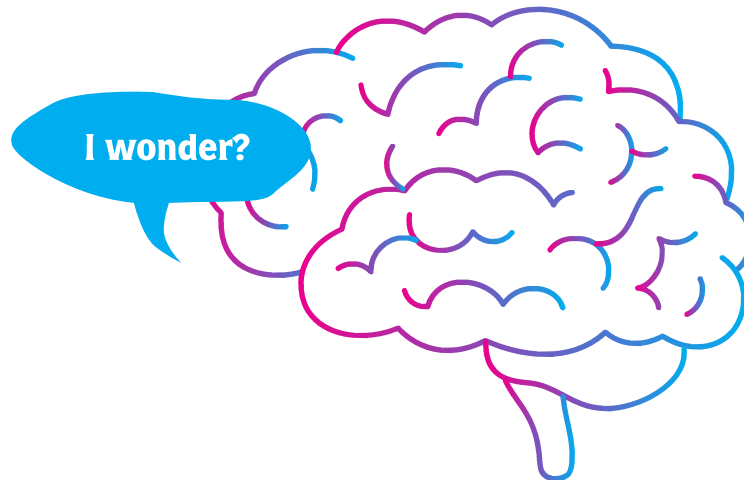
## District 71

DCM: Mary J  
[maryhermann27@gmail.com](mailto:maryhermann27@gmail.com)

# Ever wonder what your Central Office really does?

Invite us for a workshop and learn!

**Bringing the Heart of the Central Office to your Group!**



Learn the history of the Fort Worth Central Office.

When and how we were formed



Why we're here and what our purpose is



How we're funded and supported by the fellowship



The many services we provide to AA groups and individuals

These workshops are a great opportunity to connect, ask questions and learn how we all work together to carry the message of Alcoholics Anonymous

**Schedule a workshop for your group today!**

**817.332.3533**

**[officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org)**

# Services provided by Fort Worth Central Office

**140** GROUPS      **60** CITIES      **30** COUNTRIES      **12** DISTRICTS      **1,300** MEETINGS

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**We serve over 140 groups in over 60 cities, 30 countries, 12 districts and over 1,300 meetings a week!**

- **24 Hour Hotline.** We schedule sober A.A. members who answer our phones overnight and any other time we are not in the office (weekends & holidays.)
- Provide information to anyone that needs assistance in recovery including on our website at [www.fortworthaa.org](http://www.fortworthaa.org). The site is updated daily along with info to refer those who may need anything other than A.A.
- Provide all A.A. and Grapevine literature along with **Medallions and Chips** for purchase.
- We keep a regularly updated list of members willing to **speak to local groups**.
- **Connect newcomers** in the area with local A.A. members who are signed up on our Central Office (CO) volunteer list.
- Receive letters/calls from **prisons and treatment centers** to connect them with local A.A. members (BTG).
- **Keep updated lists** of District and Area meetings and committee members as well as local events facilitated by groups, districts and area.
- We **facilitate multiple events** throughout the year to help raise money for CO.
- Prepare **beginner packs** for groups and members to purchase.
- Prepare a monthly mailer including our **CO Newsletter (Coffee Break)** and all local A.A. group schedules and local events.
- We **work with outside entities** to help the still suffering alcoholic find a meeting in their area (CPC-doctors, lawyers students, etc.)
- We help outside entities contact the appropriate committees for **health fairs, information booths, public information, education, etc.**
- We have a **bi-monthly meeting with our steering committee** and all **Central Office Reps (COR)** from each group we serve, so that we may share any and all CO and group info!
- We are available to have **information tables** at area assemblies, conventions and special events.
- **Anything else** that may come up on a daily basis.
- **We help** bring our A.A. community together!

There are many other things your Central Office staff and volunteers do throughout the day to make sure the hand of A.A. is there when someone reaches out.

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**To make all this happen and to keep our phone answered 24/7, we need your support!**

## [ Step III ]

**“Made a decision to turn our will and our lives over to the care of God as we understood Him.”**

“Many of us exclaimed, “What an order! I can’t go through with it.” Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles. We are not saints. The point is, that we are willing to grow along spiritual lines. The principles we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection.

Our description of the alcoholic, the chapter to the

agnostic, and our personal adventures before and after make clear three pertinent ideas:

(a) That we were alcoholic and could not manage our own lives.

(b) That probably no human power could have relieved our alcoholism.

(c) That God could and would if He were sought.

Being convinced, we were at Step Three, which is that we decided to turn our will and our life over to God as we understood Him. Just what do we mean by that, and just what do we do?”

— Used with permission, AAWS Inc. Page 59

## [ Tradition III ]

**“The only requirement for A.A. membership is a desire to stop drinking.”**

THIS Tradition is packed with meaning. For A.A. is really saying to every serious drinker, “You are an A.A. member if you say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you’ve gone, no matter how grave your emotional complications—even your

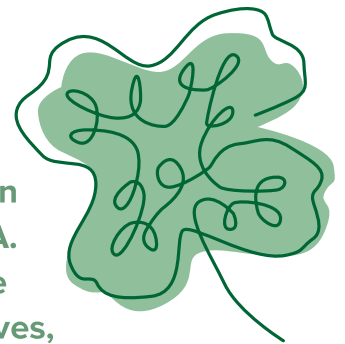
crimes—we still can’t deny you A.A. We don’t want to keep you out. We aren’t a bit afraid you’ll harm us, never mind how twisted or violent you may be. We just want to be sure that you get the same great chance for sobriety that we’ve had. So you’re an A.A. member the minute you declare yourself.”

— Used with permission, AAWS Inc.,  
12 x 12, Page 139



## [ Concept III ]

**“As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”**



—Used with permission, AAWS Inc.,  
AA Service Manual, page C9

# Quotes OF THE MONTH

## From the Big Book of A.A.

We claim spiritual progress rather than spiritual perfection...

*Used with permission of AAWS, Inc. Big Book, page 60*



## From the 12 X 12

All we need is a key, and the decision to swing the door open.

*Used with permission of AAWS, Inc. 12X12, page 34*