

The Coffee Break

Fort Worth Central Office of A.A.

3001 West 5th Street | Suite 200 | Fort Worth, TX 76107 | 817.332.3533

April 2026

Email: officemgr@fortworthaa.org

Web: www.fortworthaa.org



Our Office Hours

Monday through Friday 9:00am to 5:00pm
Closed Saturday and Sunday

Central Office Meetings

In-person and Zoom (or online)

Central Office Steering and COR Meetings

Next meeting is Tuesday, April 14th

The Central Office Steering & COR meetings will take place on the 2nd Tuesday of EVEN months.

SC at 6:00pm and COR at 7:00pm



It's Election Month!

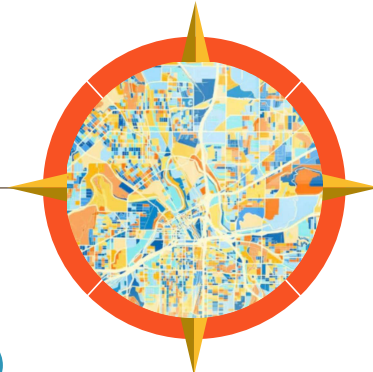
Get ready to cast your ballot!

The meeting will be held at Central Office.

District Information

Please review your District information below and email us with any changes to: officemgr@fortworthaa.org

If you are new, a DCM or Committee Chair, please let me know ASAP so I can update the schedules below.



District 61 (Zoom)

2nd Saturday of odd months at 9:00am
Zoom Meeting ID: 963 752 5735
Passcode: 1728
For information contact:
DCM Dusty W
mrdustywalker@yahoo.com
817.991.0813

District 62

May 2, 10:00am
July 11, 10:00am
September 5, 10:00am
December 5, 10:00am
All meetings held at Harbor group
For information contact:
DCM Scott M | 817.821.1179
district62neta65@gmail.com

District 61 Corrections

Odd months, 4th Saturday at 9:30am
Zoom ID: 963 752 5735
Passcode: 1728

District 64 (Hybrid)

2nd Saturday, even months, 8:30am to 11:00am
Olde Towne Group
824 South Crowley Road, Crowley, TX
Zoom Meeting ID: 820 875 3825
Passcode: action
Contact: TBD

District 61 Grapevine Committee (Zoom)

Every 4th Tuesday at 7:30pm
Zoom ID: 963 752 5735
Passcode: 1728

District 64 CPC/PI

Every 3rd Thursday at 7:00pm
In person at the Burleson Group
301 NW Newton Drive, Burleson, TX 76028
Or on Zoom at:
Zoom ID: 799 3733 1836
Passcode: District64

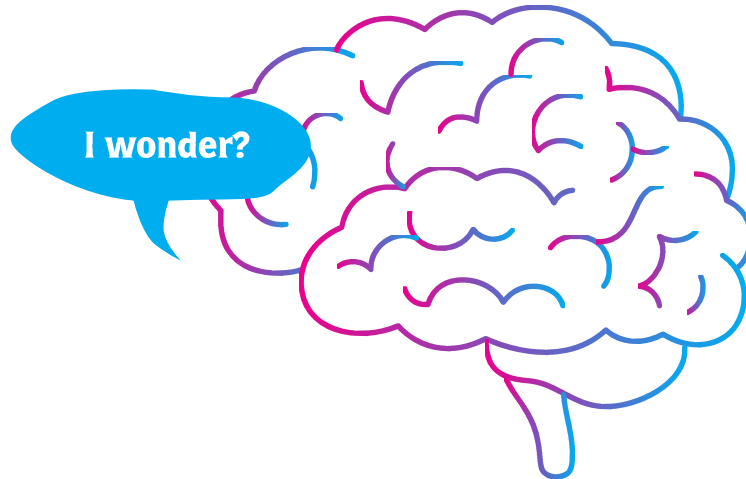
District 71

DCM: Mary J | maryhermann27@gmail.com

Ever wonder what your Central Office really does?

Invite us for a workshop and learn!

Bringing the Heart of the Central Office to your Group!



Learn the history of the Fort Worth Central Office.

When and how we were formed



Why we're here and what our purpose is



How we're funded and supported by the fellowship



The many services we provide to AA groups and individuals

These workshops are a great opportunity to connect, ask questions and learn how we all work together to carry the message of Alcoholics Anonymous

Schedule a workshop for your group today!

817.332.3533

officemgr@fortworthaa.org

Services provided by Fort Worth Central Office

140
GROUPS

60
CITIES

30
COUNTRIES

12
DISTRICTS

1,300
MEETINGS

We serve over 140 groups in over 60 cities, 30 countries, 12 districts and over 1,300 meetings a week!

- **24 Hour Hotline.** We schedule sober A.A. members who answer our phones overnight and any other time we are not in the office (weekends & holidays.)
- Provide information to anyone that needs assistance in recovery including on our website at www.fortworthaa.org. The site is updated daily along with info to refer those who may need anything other than A.A.
- Provide all A.A. and Grapevine literature along with **Medallions and Chips** for purchase.
- We keep a regularly updated list of members willing to **speak to local groups**.
- **Connect newcomers** in the area with local A.A. members who are signed up on our Central Office (CO) volunteer list.
- Receive letters/calls from **prisons and treatment centers** to connect them with local A.A. members (BTG).
- **Keep updated lists** of District and Area meetings and committee members as well as local events facilitated by groups, districts and area.
- We **facilitate multiple events** throughout the year to help raise money for CO.
- Prepare **beginner packs** for groups and members to purchase.
- Prepare a monthly mailer including our **CO Newsletter (Coffee Break)** and all local A.A. group schedules and local events.
- We **work with outside entities** to help the still suffering alcoholic find a meeting in their area (CPC-doctors, lawyers students, etc.)
- We help outside entities contact the appropriate committees for **health fairs, information booths, public information, education, etc.**
- We have a **bi-monthly meeting with our steering committee** and all **Central Office Reps (COR)** from each group we serve, so that we may share any and all CO and group info!
- We are available to have **information tables** at area assemblies, conventions and special events.
- **Anything else** that may come up on a daily basis.
- **We help** bring our A.A. community together!

There are many other things your Central Office staff and volunteers do throughout the day to make sure the hand of A.A. is there when someone reaches out.

To make all this happen and to keep our phone answered 24/7, we need your support!

[Step Four]

“Made a searching and fearless moral inventory of ourselves.”

“Next, we launched out on a course of vigorous action, the first step of which is a personal house-cleaning, which many of us had never attempted. Though our decision was a vital and crucial step, it could have little permanent effect unless at once followed by a strenuous effort to face, and to be rid of, the things in ourselves which had been blocking us. Our liquor was but a symptom. So, we had to get

down to causes and conditions. Therefore, we started upon a personal inventory. This was Step Four. A business which takes no regular inventory usually goes broke. Taking a commercial inventory is a fact-finding and a fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damaged or unsalable goods, to get rid of them promptly and without regret. If the owner of the business is to be successful, he cannot fool himself about values.”

— Used with permission, AAWS Inc. Page 64

[Tradition Four]

“Each group should be autonomous except in matters affecting other groups or A.A. as a whole.”

AUTONOMY is a ten-dollar word. But in relation to us, it means very simply that every A.A. group can manage its affairs exactly as it pleases, except when A.A. as a whole is threatened. Comes now the same question raised in Tradition One. Isn't such liberty foolishly dangerous? Over the years, every conceivable deviation from our Twelve Steps and Traditions

has been tried. That was sure to be, since we are so largely a band of ego-driven individualists. Children of chaos, we have defiantly played with every brand of fire, only to emerge unharmed and, we think, wiser. These very deviations created a vast process of trial and error which, under the grace of God, has brought us to where we stand today.

— Used with permission, AAWS Inc.,
12 x 12, Page 146



[Concept Four]

“Throughout our Conference structure, we ought to maintain at all responsible levels a traditional “Right of Participation,” taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.”

—Used with permission, AAWS Inc.,
AA Service Manual, page C12



A.A. Grapevine Jokes of the Month

CRASH LANDING

SPONSEE:

“I think I’ve been catapulted into the fourth dimension.”

SPONSOR:

“No, you’ve just had too much coffee.”

“I was so sick when I was new, at one point I asked another guy in my home group if I could copy his Fourth Step.”

A newcomer was sitting in the back of the room before the meeting began leafing frantically through the pages of the Big Book. An old-timer noticed her activity and asked, “What are you looking for?” “Loopholes,” the newcomer replied.

Q: How can you tell when two alcoholics are on their second date?

A: There’s a moving van parked in one of their driveways.

Q: How many sponsors does it take to change a lightbulb?

A: Sponsors can’t change lightbulbs. The most they can do is offer guidance based on their experience strength and hope. If the lightbulb wants to change and is willing to go to any lengths, then a Higher Power can change the lightbulb.

I just loved the idea of joining Alcoholics Anonymous. I thought the “Alcoholics” part meant they drank, and the “Anonymous” part meant that they didn’t tell anyone about it.