

# Coffee Break

## January 2026

**FORT WORTH CENTRAL OFFICE**



shutterstock.com - 2563134053

**3001 W. 5<sup>th</sup> St #200 Fort Worth, TX 76107**

**817-332-3533**

**[www.fortworthaa.org](http://www.fortworthaa.org)**

**[email: officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org)**

### **OFFICE HOURS**

**Monday – Friday 9am to 5pm Closed Saturday and Sunday**

**~ Central Office Meetings ~ In Person & Zoom**

The Central Office Steering & COR meetings will take place on the 2<sup>nd</sup>  
Tuesday of EVEN months.

**SC at 6pm & COR at 7pm**

Next meeting is Tuesday, Feb 10<sup>th</sup>

**\*\*ELECTION MONTH\*\***

**\*\*MEETING WILL BE HELD AT THE CENTRAL OFFICE!!\*\***

## STEP I

**“We admitted we were powerless over alcohol—that our lives had become unmanageable.”**

“Most of us have been unwilling to admit we were real alcoholics. No person likes to think he is bodily and mentally different from his fellows. Therefore, it is not surprising that our drinking careers have been characterized by countless vain attempts to prove we could drink like other people. The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker. The persistence of this illusion is astonishing. Many pursue it into the gates of insanity or death.”

Used with permission, AAWS Inc. pg. 30

## TRADITION I

**“Our common welfare should come first; personal recovery depends upon A.A. unity.”**

“THE unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, “What a great thing A.A. might have been!”

Used with permission, AAWS Inc. 12x12 pg. 129

## CONCEPT I

**“The final responsibility and the ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.”**

“The A.A. groups today hold ultimate responsibility and final authority for our world services — those special elements of over-all service activity which make it possible for our Society to function as a whole. The groups assumed that responsibility at the St. Louis International Convention of 1955. There, on behalf of Dr. Bob, the Trustees and A.A.’s old-time leaders, I made the transfer of world service responsibility to our entire Fellowship.”

Used with permission, AAWS Inc. AA Service Manual pg. C3

# DISTRICT INFO

**\*\*\*Please review your District information below and email us with any changes [officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org) If you are new a DCM or Committee chair, please let me know ASAP so I can update the schedules below\*\***

## District 61(zoom)

2<sup>nd</sup> sat odd mths at 9AM on  
Zoom Meeting ID 963 752 5735  
Passcode 1728  
For info: DCM Dusty W.  
[mrdustywalker@yahoo.com](mailto:mrdustywalker@yahoo.com)  
817-991-0813

## District64(hybrid)

2<sup>nd</sup> Saturday of even months.  
Olde Towne Group  
824 South Crowley Rd, Crowley  
830am-11am  
ZOOM 820 8753825 Passcode: action  
Contact TBA

## D61 Grapevine Committee

Every 4<sup>th</sup> Tuesday  
@7:30 PM  
Zoom ID 963752 5735  
passcode 1728

## D61 Corrections Meeting

Odd months 4<sup>th</sup> Saturday @930am  
ZOOM ID: 9637525735  
PW: 1728

## District62

TBA

## District 64 CPC/PI

Every 3<sup>rd</sup> Thursday @7pm  
In person @Burleson Group  
301 NW Newton Dr, Burleson, 76028  
Or on Zoom  
Meeting ID: 799 3733 1836  
Passcode: District64

## District71

DCM Mary J  
[maryhermann27@gmail.com](mailto:maryhermann27@gmail.com)



## *BIG BOOK QUOTE OF THE MONTH*

“WE LEARNED THAT WE HAD TO FULLY  
CONCEDE TO OUR INNERMOST SELVES  
THAT WE WERE ALCOHOLICS.”

Used with  
permission of AAWS, Inc. Big Book pg.30

## *12X12 QUOTE OF THE MONTH*

“NO OTHER KIND OF BANKRUPTCY IS  
LIKE THIS ONE.”

Used with permission of AAWS, Inc. 12x12 pg.21