

# *COFFEE BREAK*

## *OCTOBER 2025*

### **FORT WORTH CENTRAL OFFICE**



**3001 W. 5<sup>th</sup> St #200 Fort Worth, TX 76107**

**817-332-3533**

**www.fortworthaa.org**

**email: officemgr@fortworthaa.org**

### **OFFICE HOURS**

**Monday – Friday 9am to 5pm Closed Saturday and Sunday**

**~ Central Office Meetings ~ In Person & Zoom**

The Central Office Steering & COR meetings will take place on the 2<sup>nd</sup>  
Tuesday of EVEN months.

**SC at 6pm & COR at 7pm**

**Next meeting is Tuesday, Oct 14<sup>th</sup>**

**\*\*MEETING WILL BE HELD AT THE CENTRAL OFFICE!!\*\***

## STEP X

**“Continued to take personal inventory and when we were wrong promptly admitted it.”**

“Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them.

This thought brings us to *Step Ten*, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code.”

## TRADITION X

**“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”**

“NEVER since it began has Alcoholics Anonymous been divided by a major controversial issue. Nor has our Fellowship ever publicly taken sides on any question in an embattled world. This, however, has been no earned virtue. It could almost be said that we were born with it, for, as one old-timer recently declared, ‘Practically never have I heard a heated religious, political, or reform argument among A.A. members. So long as we don't argue these matters privately, it's a cinch we never shall publicly.’”

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## CONCEPT X

**“Every service responsibility should be matched by an equal service authority — the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.”**

“Nearly all societies and governments of today exhibit serious deviations from the very sound principle that *each operational responsibility* must be accompanied by a *corresponding authority* to discharge it. This is why we have been at such pains in preceding discussions to define the several authorities and responsibilities of the A.A. groups, the Conference, the Trustees, and our active service corporations. We have tried to make sure that authority in each of these levels is equal to responsibility. Then we have tried to relate these levels one to another in such a way that this principle is maintained throughout.”

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# DISTRICT INFO

**\*\*\*Please review your District information below and email us with any changes [officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org) If you are new a DCM or Committee chair, please let me know ASAP so I can update the schedules below\*\***

**THANK YOU!**

## District 61(zoom)

2<sup>nd</sup> sat odd mths at 9AM on  
Zoom Meeting ID 963 752 5735  
Passcode 1728  
For info: DCM Dusty W.  
[mrdustywalker@yahoo.com](mailto:mrdustywalker@yahoo.com)  
817-991-0813

## D61 Grapevine Committee

Every 4<sup>th</sup> Tuesday  
@7:30 PM  
Zoom ID 963 752 5735  
passcode 1728

## D61 Corrections Meeting

Odd months 4<sup>th</sup> Saturday @930am  
ZOOM ID: 9637525735  
PW: 1728

## District62

Contact [d62dcm@gmail.com](mailto:d62dcm@gmail.com)  
Or Lola P 682-226-8203  
1<sup>ST</sup> Saturday each month @10am

## District64(hybrid)

2<sup>nd</sup> Saturday of even months.  
Olde Towne Group  
824 South Crowley Rd, Crowley  
830am-11am  
ZOOM 820 8753825 Passcode: action  
DCM D64 Jason T  
mail: [jasont632@hotmail.com](mailto:jasont632@hotmail.com)

## District 64 CPC/PI

Every 3<sup>rd</sup> Thursday @7pm  
In person @Burleson Group  
301 NW Newton Dr, Burleson, 76028  
Or on Zoom  
Meeting ID: 799 3733 1836  
Passcode: District64

## District71

DCM Mary J  
[maryhermann27@gmail.com](mailto:maryhermann27@gmail.com)





## Essence of Growth

“Let us never fear needed change. Certainly, we have to discriminate between changes for worse and changes for better. But once a need becomes clearly apparent in a individual, in a group, or in A.A. as a whole, it has long since been found out that we cannot stand still and look the other way.

The essence of all growth is the willingness to change for the better and then an unremitting willingness to shoulder whatever responsibility this entails. ”

As Bill Sees It

Used with permission of AAWS, Inc, As Bill Sees It pg. 115

## A Full and Thankful Heart

“One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine—both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living.”

“I try hard to hold to fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion that we can ever know.”

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## Give Thanks

“Though I still find it difficult to accept today’s pain and anxiety with any great degree of serenity—as those more advanced in the spiritual life seem able to do—I can give thanks for present pain nevertheless.”

“I find the willingness to do this by contemplating the lessons learned from past suffering—lessons which have led to the blessings I now enjoy. I can remember how the agonies of alcoholism, the pain of rebellion and thwarted pride, have often led me to God’s grace, and so to a new freedom.”

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