

# Coffee Break NOVEMBER 2025

## FORT WORTH CENTRAL OFFICE



3001 W. 5<sup>th</sup> St #200 Fort Worth, TX 76107

817-332-3533

[www.fortworthaa.org](http://www.fortworthaa.org)

[email: officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org)

### OFFICE HOURS

*Monday – Friday 9am to 5pm Closed Saturday and Sunday*

**~ Central Office Meetings ~ In Person & Zoom**

The Central Office Steering & COR meetings will take place on the 2<sup>nd</sup>  
Tuesday of EVEN months.

**SC at 6pm & COR at 7pm**

Next meeting is Tuesday, Dec 9<sup>th</sup>

**\*\*ELECTION MONTH\*\***

**\*\*MEETING WILL BE HELD AT THE CENTRAL OFFICE!!\*\***

## **STEP XI**

**“Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.”**

“Step Eleven suggests prayer and meditation. We shouldn’t be shy on this matter of prayer. Better men than we are using it constantly. It works, if we have the proper attitude and work at it. It would be easy to be vague about this matter. Yet, we believe we can make some definite and valuable suggestions.

When we retire at night, we constructively review our day. Were we resentful, selfish, dishonest or afraid? Do we owe an apology? Have we kept something to ourselves which should be discussed with another person at once? Were we kind and loving toward all? What could we have done better? Were we thinking of ourselves most of the time? Or were we thinking of what we could do for others, of what we could pack into the stream of life? But we must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others. After making our review we ask God’s forgiveness and inquire what corrective measures should be taken.”

Used with permission, AAWS Inc. pg. 85-86

## **TRADITION XI**

**“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.”**

“Without its legions of well-wishers, A.A. could never have grown as it has. Throughout the world, immense and favorable publicity of every description has been the principal means of bringing alcoholics into our Fellowship. In A.A. offices, clubs, and homes, telephones ring constantly. One voice says, “I read a piece in the newspapers . . .”; another, “We heard a radio program . . .”; and still another, “We saw a moving picture . . .” or “We saw something about A.A. on television. . . .” It is no exaggeration to say that half of A.A.’s membership has been led to us through channels like these.”

Used with permission, AAWS Inc. 12x12 pg. 180

## **CONCEPT XI**

**“While the Trustees hold final responsibility for A.A.’s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.”**

Used with permission, AAWS inc. AA Service Manual pg. C37

# DISTRICT INFO

**\*\*\*Please review your District information below and email us with any changes [officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org) If you are new a DCM or Committee chair, please let me know ASAP so I can update the schedules below\*\***

**THANK YOU!**

## District 61(zoom)

2<sup>nd</sup> sat odd mths at 9AM on  
Zoom Meeting ID 963 752 5735  
Passcode 1728  
For info: DCM Dusty W.  
[mrdustywalker@yahoo.com](mailto:mrdustywalker@yahoo.com)  
817-991-0813

## D61 Grapevine Committee

Every 4<sup>th</sup> Tuesday  
@7:30 PM  
Zoom ID 963 752 5735  
passcode 1728

## D61 Corrections Meeting

Odd months 4<sup>th</sup> Saturday @930am  
ZOOM ID: 9637525735  
PW: 1728

## District62

Contact [d62dcm@gmail.com](mailto:d62dcm@gmail.com)  
Or Lola P 682-226-8203  
1<sup>ST</sup> Saturday each month @10am

## District64(hybrid)

2<sup>nd</sup> Saturday of even months.  
Olde Towne Group  
824 South Crowley Rd, Crowley  
830am-11am  
ZOOM 820 8753825 Passcode: action  
DCM D64 Jason T  
mail: [jasont632@hotmail.com](mailto:jasont632@hotmail.com)

## District 64 CPC/PI

Every 3<sup>rd</sup> Thursday @7pm  
In person @Burleson Group  
301 NW Newton Dr, Burleson, 76028  
Or on Zoom  
Meeting ID: 799 3733 1836  
Passcode: District64

## District71

DCM Mary J  
[maryhermann27@gmail.com](mailto:maryhermann27@gmail.com)



# **GRATITUDE**



## **Gratitude Should Go Forward**

**"Gratitude should go forward, rather than backward."**

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**"In other words, if you carry the message to still others, you will be making the best possible repayment for the help given to you."**

LETTER, 1959  
TWELVE AND TWELVE, P.110

## **A "Special" Experience?**

**"I was the recipient of a tremendous mystic experience or "illumination", and at first it was very natural for me to feel that this experience staked me out as somebody very special. But as I now look back upon this tremendous event, I can only feel very grateful. It now seems clear that the only special features of my experience were its suddenness and the overwhelming and immediate conviction that it carried. In all other respects, however, I am sure that my own experience was essentially like that received by any A.A. member who has strenuously practiced our recovery program. Surely, the grace he receives is also of God; the only difference is that he becomes aware of his gift more gradually."**

GRAPEVINE, JULY 1962

## **A Full and Thankful Heart**

**"I try to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one's heartbeat must surely result in outgoing love, the finest emotion that we can ever know."**

GRAPEVINE, MARCH 1962