

Coffee Break

January 2025

FORT WORTH CENTRAL OFFICE

*Happy
New Year*

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OFFICE HOURS

Monday – Friday 9am to 5pm Closed Saturday and Sunday

~ Central Office Meetings ~ In Person & Zoom

The Central Office Steering & COR meetings will take place on the 2nd Tuesday of EVEN months. **SC at 6pm & COR at 7pm**

Next meeting is Tuesday, Feb 11TH!

****Election Month****

****MEETING WILL BE HELD AT THE CENTRAL OFFICE!!****

STEP I

“We admitted we were powerless over alcohol—that our lives had become unmanageable.”

“Most of us have been unwilling to admit we were real alcoholics. No person likes to think he is bodily and mentally different from his fellows. Therefore, it is not surprising that our drinking careers have been characterized by countless vain attempts to prove we could drink like other people. The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker. The persistence of this illusion is astonishing. Many pursue it into the gates of insanity or death.”

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TRADITION I

“Our common welfare should come first; personal recovery depends upon A.A. unity.”

“THE unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, “What a great thing A.A. might have been!”

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CONCEPT I

“The final responsibility and the ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.”

“The A.A. groups today hold ultimate responsibility and final authority for our world services — those special elements of over-all service activity which make it possible for our Society to function as a whole. The groups assumed that responsibility at the St. Louis International Convention of 1955. There, on behalf of Dr. Bob, the Trustees and A.A.’s old-time leaders, I made the transfer of world service responsibility to our entire Fellowship.”

Used with permission, AAWS Inc. AA Service Manual pg. C3

DISTRICT INFO

Please review your District information below and email us with any changes officemgr@fortworthaa.org.

If you are new a DCM or Committee chair please let me know ASAP so I can update the schedules below!

THANK YOU!

District 61(zoom)

2nd sat odd mths at 9AM on
Zoom Meeting ID 963 752 5735
Passcode 1728
For info: DCM John L
district61dcmftw@gmail.com

D61 Grapevine Committee

Every 4th Tuesday
@7:30 PM
Zoom ID 963 752 5735
passcode 1728

D61 Corrections Meeting

Odd months 4th Saturday
@930am
ZOOM ID: 9637525735
PW: 1728

District62

Contact d62dcm@gmail.com
Or Lola P 682-226-8203
1ST Saturday each month @10am

District64(hybrid)

2nd Saturday of even months.
Olde Towne Group
824 South Crowley Rd, Crowley
830am-11am
ZOOM 820 8753825 Passcode: action
DCM D64 Jason T
mail: jasont632@hotmail.com

District 64 CPC/PI

Every 3rd Thursday @7pm
In person @Burleson Group
301 NW Newton Dr, Burleson, 76028
Or on Zoom
Meeting ID: 799 3733 1836
Passcode: District64

District65

DCM Scott S
scottlstockman18@gmail.com

District71

DCM Laurel H
laulo922@gmail.com

Gratitude Should Go Forward

“No satisfaction has been deeper and no joy greater than in a Twelfth Step job well done. To watch the eyes of men and women open with wonder as they move from darkness into light, to see their lives quickly fill with new purpose and meaning, and above all to watch them awaken to the presence of a loving God in their lives—these things are the substance of what we receive as we carry A.A.’s message.”

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A Full and Thankful Heart

“One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine—both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living.”

“I try hard to hold to fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion that we can ever know.”

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Give Thanks

“Though I still find it difficult to accept today’s pain and anxiety with any great degree of serenity—as those more advanced in the spiritual life seem able to do—I can give thanks for present pain nevertheless.”

“I find the willingness to do this by contemplating the lessons learned from past suffering—lessons which have led to the blessings I now enjoy. I can remember how the agonies of alcoholism, the pain of rebellion and thwarted pride, have often led me to God’s grace, and so to a new freedom.”

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