

# CoffeeBreak May 2019

## FORT WORTH CENTRAL OFFICE

1501 Hemphill St Rm A

Fort Worth, TX 76104

817-332-3533

[www.fortworthaa.org](http://www.fortworthaa.org)

~Central Office Meetings



Tuesday, June 11<sup>th</sup>.

Steering Committee Meeting - 6pm

Central Office Reps - 7pm

*\*Both meetings take place at the Harbor Club  
3000 W 5<sup>TH</sup> St, Fort Worth 76107*

~ **COMBINED DISTRICT SIX** ~

Saturday, June 22. – Meadowbrook Group – 11am

~ **Committee Meetings** ~

**Special Needs - TBA**

**Corrections** – June 2<sup>nd</sup>. @ Primary Purpose – 2pm

**C.P.C./P.I.** – TBA

**Grapevine** – TBA

**Treatment** (Workshop) - Sunday, May 21st – 1230pm-330pm

One Day at a Time - 2109 W Parker Rd Ste.728, Plano 75023

**District 61** -- Saturday, May 13<sup>th</sup> @ Bedford Barr St Group – 9am

**District 62** -- Saturday, May 6<sup>th</sup> @ Northeast Group – 12:30pm

**District 64** -- Saturday, June 22<sup>nd</sup> - @ Meadowbrook - 9am

**District 74** -- Sunday, May 21<sup>st</sup> @ Weatherford Group – 2pm

## Step V

*Twelve Steps Twelve Traditions* pg. 58-59

**“Admitted to God, to ourselves and to another human being the exact nature of our wrongs.”**

“Another great dividend we may expect from confiding our defects to another human being is humility—a word often misunderstood. To those who have made progress in A.A., it amounts to a clear recognition of what and who we really are, followed by a sincere attempt to become what we could be. Therefore, our first practical move toward humility must consist of recognizing our deficiencies. No defect can be corrected unless we clearly see what it is. But we shall have to do more than see. The objective look at ourselves we achieved in Step Four was, after all, only a look. All of us saw, for example, that we lacked honesty and tolerance, that we were beset at times by attacks of self-pity or delusions of personal grandeur. But while this was a humiliating experience, it didn’t necessarily mean that we had yet acquired much actual humility. Though now recognized, our defects were still there. Something had to be done about them. And we soon found that we could not wish or will them away by ourselves.

More realism and therefore more honesty about ourselves are the great gains we make under the influence of Step Five. As we took inventory, we began to suspect how much trouble self-delusion had been causing us. This had brought a disturbing reflection. If all our lives we had more or less fooled ourselves, how could we now be so sure that we weren’t still self-deceived? How could we be certain that we had made a true catalog of our defects and had really admitted them, even to ourselves? Because we were still bothered by fear, self-pity, and hurt feelings, it was probable we couldn’t appraise ourselves fairly at all. Too much guilt and remorse might cause us to dramatize and exaggerate our shortcomings. Or anger and hurt pride might be the smoke screen under which we were hiding some of our defects while we blamed others for them. Possibly, too, we were still handicapped by many liabilities, great and small, we never knew we had.

Hence it was most evident that a solitary self-appraisal, and the admission of our defects based upon that alone, wouldn’t be nearly enough. We’d have to have outside help if we were surely to know and admit the truth about ourselves—the help of God and another human being. Only by discussing ourselves, holding back nothing, only by being willing to take advice and accept direction could we set foot on the road to straight thinking, solid honesty, and genuine humility.”

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## Tradition V

EDITORIAL: 1948 VOL. 4 NO. 11  
ON THE 5TH TRADITION

**“Each Alcoholics Anonymous group ought to be a spiritual entity *having but one primary purpose--that of carrying its message to the alcoholic who still suffers.*”**

“Says the old proverb, ‘Shoemaker, stick to thy last.’ Trite, yes. But very true for us of A.A. How well we need to heed the principle that it is better to do one thing supremely well than many things badly.

Because it has now become plain enough that only a recovered alcoholic can do much for a sick alcoholic, a tremendous responsibility has descended upon us all, an obligation so great that it amounts to a sacred trust. For to our kind, those who suffer alcoholism, recovery is a matter of life or death. So the society of Alcoholics Anonymous cannot, it dare not ever be diverted from its primary purpose.

Temptation to do otherwise will come aplenty. Seeing fine works afoot in the field of alcohol, we shall be sorely tempted to loan out the name and credit of Alcoholics Anonymous to them; as a movement we shall be beset to finance and endorse other causes. Should our present success continue, people will commence to assert that A.A. is a brand new way of life, maybe a new religion, capable of saving the world. We shall be told it is our bounden duty to show modern society how it ought to live.

Cont.....

....Oh, how very attractive these projects and ideas can be! How flattering to imagine that we might be chosen to demonstrate that olden mystic promise: 'The first shall be last and the last shall be first.' Fantastic, you say. Yet some of our well-wishers have begun to say such things.

Fortunately most of us are convinced that these are perilous speculations, alluring ingredients of that new heady wine we are now being offered, each bottle marked 'Success'!

Of this subtle vintage may we never drink too deeply. May we never forget that we live by the Grace of God--on borrowed time; that anonymity is better than acclaim; that for us as a movement poverty is better than wealth. And may we reflect with ever deepening conviction, that we shall never be at our best except when we hew only to the primary spiritual aim of A.A.--'*That of carrying its message to the alcoholic who still suffers alcoholism.*' " Bill W.

*Used with permission of Alcoholics Anonymous World Services, Inc.*

## **Concept V**

“Throughout our world service structure, a traditional ‘Right to Appeal’ ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.”

### **Concepts Checklist**

Some of these discussion points were originally developed by an A.A. group and further developed by the trustees' Literature Committee to be distributed by the General Service Office.

While this checklist is intended as a starting point for discussion by groups, districts or areas, individual A.A. members may find it useful along with our co-founder Bill W.'s writings, a service sponsor if you have one and reflection on your own service experience. Additional information about the Concepts can be found in The A.A. Service Manual /Twelve Concepts for World Service and "The Twelve Concepts Illustrated" pamphlet. (The Concepts stated here are in the short form.)

**Concept I:** Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

**Concept II:** The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

**Concept III:** To insure effective leadership, we should endow each element of A.A. —the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."

**Concept IV:** At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

**Concept V:** Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

- Do we encourage the minority opinion, the "Right of Appeal", to be heard at our home group, district committee meetings, area assemblies and the Conference?
- What does our group accept as "substantial unanimity"?
- Has our group experienced the "tyranny of the majority" or the "tyranny of the minority"?
- Does our group understand the importance of all points of view being heard before a vote is taken?

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## Big Book Quote of the Month

“When we decide who is to hear our story, we waste no time. We have a written inventory and we are prepared for a long talk. We explain to our partner what we are about to do and why we have to do it. He should realize that we are engaged upon a life-and-death errand.”

Alcoholics Anonymous pg. 75 Used with permission of AAWS

## SPECIAL EVENTS

### Northeast Group's 45<sup>th</sup> Anniversary

Sunday, May 5<sup>th</sup>. 2p-6-  
Potluck, bring a dish  
4025 Flory St. North Richland Hills  
TX, 76180

### Mid Cities 41<sup>st</sup> Anniversary

Saturday May 6<sup>th</sup> begins @12pm  
300 W Pipeline Rd #D, Hurst

### The Way Out Group 5<sup>th</sup> Anniversary

Saturday, May 6<sup>th</sup> begins @2pm  
First Presbyterian Church of Denton  
1114 W. University Dr, 76201

### Watauga Serenity Group 14<sup>th</sup> Anniversary

May 18<sup>th</sup> @1pm  
6101 Watauga Rd Suite E  
(between Mrs. Bairds and upscale Barbers)  
For more info, call  
Katie 682-208-7358 Lori 817-367-8791

### Gathering of Eagles

May 24<sup>th</sup> – 26<sup>th</sup>  
Renaissance Dallas Richardson Hotel  
900 E Lookout Dr, Richardson  
[www.dallasgatheringofeagles.org](http://www.dallasgatheringofeagles.org)

### Tarrant County Wide

June 1<sup>st</sup>.  
[Tarrantcountywide.org](http://Tarrantcountywide.org),  
Dessert & Coffee

### 73<sup>rd</sup> Texas State Convention

June 7<sup>th</sup> – 9<sup>th</sup>  
The Westin Galleria  
5060 West Alabama, Houston, TX  
[www.txaaconvention.org](http://www.txaaconvention.org)

### Summer assembly

June 14<sup>th</sup>. – 16<sup>th</sup>.  
Cleburne Convention Center  
501 Henderson St., Cleburne, TX  
76033

## **We need your HELP!**

We are in need of office supplies. Whether it be your group or you individually, anything is helpful, from pens and pencils to paper and ink! Here is a list of a few specifics...

General office supplies (pens, pencils, staples, tape etc.)  
Printer Ink CE410A, CF411A  
8.5 x 11 white copy paper  
8.5 x 14 copy paper, any color  
9x12 catalog envelopes

If you or your group has any questions, please feel free to call us at  
817-332-3533

## **THANK YOU!**